



Lanark Primary School School Lunch Menu



<u>Week 1</u>	Monday	Tuesday	Wednesday 12 th August	Thursday 13 th August	Friday 14 th August
Blue meal			Cheese & Tomato pizza / pasta combo with Sweetcorn (v)	Chicken in a bun with coleslaw and corn on the cob	Fish fingers with chips and peas
Red meal			Cheese & Tomato pizza with Sweetcorn (v)	Veggie Burger in a bun with coleslaw and corn on the cob (v)	# Salmon Nibbles with chips and peas
Green meal			Freshly made Ham Baguette with melon wedge	Freshly made Ham Sandwich with Melon wedge	Freshly made Chicken Sandwich with carrot batons and dip
Yellow meal			Freshly made Cheese Baguette with melon wedge	Freshly made Tuna Sandwich with Melon wedge	Freshly made Cheese Sandwich with carrot batons and dip
All meals include			Seasonal Fresh fruit plus Fairy cake	Seasonal Fresh fruit plus Yoghurt pouch	Seasonal Fresh fruit plus Chocolate Cookie

A bag of freshly tossed salad is available with all meals

Vegetarian option available (Fishless fingers)

There is no charge for Primary 1 – 3 pupils

There is a charge of £1.75 for pupils in P4 – P7

Special diets on request



Lanark Primary School School Lunch Menu



<u>Week 2</u>	Monday 17th August	Tuesday 18th August	Wednesday 19th August	Thursday 20th August	Friday 21st August
Blue meal	Chicken Curry with boiled rice and Peas	Fish with Chips and beetroot		Sausage in a finger roll with Potato smiles and beans	Cheese & Tomato pizza / pasta combo with Sweetcorn
Red meal	Vegetable Curry with boiled rice and peas (v)	# Salmon Nibbles with chips and beetroot		Quorn Sausage in a finger roll with potato smiles and beans (v)	Cheese & Tomato pizza / pasta combo with Sweetcorn (v)
Green meal	Freshly made Cheese Salad wrap with carrot batons & dip	Freshly made Ham Sandwich with melon wedge		Freshly made Ham Baguette with cucumber batons & dip	Freshly made Chicken Sandwich with melon wedge
Yellow meal	Freshly made Tuna Salad wrap with carrot batons & dip	Freshly made Cheese Sandwich with melon wedge		Freshly made Tuna Baguette with cucumber batons & dip	Freshly made Cheese Sandwich with melon wedge
All meals include	Seasonal Fresh fruit plus Yoghurt pouch	Seasonal Fresh fruit plus Chocolate Cookie		Seasonal Fresh fruit plus Yoghurt pouch	Seasonal Fresh fruit plus Fairy cake

A bag of freshly tossed salad is available with all meals

Vegetarian option available (fishless fingers)

There is no charge for Primary 1 – 3 pupils

There is a charge of £1.75 for pupils in P4 – P7



Lanark Primary School School Lunch Menu



<u>Week 3</u>	Monday 24th August	Tuesday 25th August	Wednesday 26th August	Thursday 27th August	Friday 28th August
Red meal	Chicken in a bun with coleslaw and corn on the cob	Cheese & Tomato pizza/pasta combo with sweetcorn		Chicken Curry with Boiled rice and Peas	Fish with Chips and Peas
Blue Meal	Macaroni Cheese with garlic bread and Broccoli	Baked potato with beans (vg)		Vegetable Curry with Boiled rice and peas (v)	Fishless Fingers with Chips and Peas(v)
Green meal	Freshly made Tuna Baguette with Melon wedge	Freshly made Ham Baguette with Carrot Batons & dip		Freshly made Ham Baguette with Cucumber Batons & dip	Freshly made chicken sandwich with Melon wedge
Yellow meal	Freshly made Cheese Baguette with Melon wedge	Freshly made Tuna Baguette with Carrot Batons & dip		Freshly made Cheese Baguette with Cucumber Batons & dip	Freshly made Tuna Sandwich with Melon wedge
All meals include	Seasonal Fresh fruit plus Yoghurt pouch	Seasonal Fresh fruit plus Chocolate Cookie		Seasonal Fresh fruit plus Yoghurt pouch	Seasonal Fresh fruit plus Fairy cake

A bag of freshly tossed salad is available with all meals

There is no charge for Primary 1 – 3 pupils

There is a charge of £1.75 for pupils in P4 – P7